Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Friday 09 Jun 2023 until 23:59 on Saturday 10 Jun 2023

Forecast Issued on Friday 09 Jun 2023 at 02:40 by Met Office Aberdeen

Confidence: High for dry weather continuing on Friday and Saturday with plenty of sunshine. Lower confidence in details for scattered heavy, possibly thundery showers breaking out on Sunday and Monday.

Headline for Friday 09 Jun 2023: Dry. Rather cloudy start, then becoming sunny. Light southeast winds,

Mountain weather hazards on Friday 09 Jun 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** Low Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** High Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sunny intervals	Sunny intervals	Sunny	Sunny	Sunny	Sunny
Precipitation probability					
00%	00%	00%	00%	00%	00%

Forecast for Friday 09 Jun 2023

Weather: Dry with clouds mostly dispersing during the morning to leave plenty of sunshine.

Chance of cloud-free hill tops above 800m: 40% improving 90% during the morning.

Low cloud and visibility: Extensive fog at first above about 700m, dispersing during the morning. Otherwise very good visibility with patches of cloud about 800m.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Friday 09 Jun 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	14/17 SE	10/14 E	8/12 E	5/9 SE	7/11 NE	7/10 E	10/13 SE
900	14/17 SE	10/14 E	9/13 E	5/9 SE	7/11 NE	7/10 E	10/13 SE
600	12/15 SE	9/12 E	7/11 E	4/7 SE	7/11 NE	5/8 E	8/11 SE
300	9/14 E	6/11 E	6/11 E	2/6 S	3/7 E	3/9 E	5/9 E
Glen	11/14 E	5/9 E	4/8 S	6/10 W	4/7 W	3/6 NE	7/9 E

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	6/2	7/4	10/8	13/12	12/10	10/9	10/8
900	6/2	8/5	11/9	14/13	13/11	11/10	10/8
600	9/7	11/9	13/12	16/15	15/13	13/12	12/11
300	9/7	14/13	17/16	19/19	18/18	15/14	12/11
Glen	13/11	17/16	20/19	19/17	19/19	16/16	15/14
Freezing Level*	1900m	1900m	1900m	2000m	2000m	2000m	2200m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Sunburn and dehydration will be the main hazards for hillwalkers across the Northwest Highlands area.

Forecast for Saturday 10 Jun 2023
Weather: Another dry day with any early mist and low cloud soon burning off to leave plenty of sunshine. Becoming very warm and humid at lower levels.

Maximum wind: Fresh southeast winds, average speeds 15 to 20mph with gusts 30mph over higher ridges and summits.

Chance of cloud-free hill tops above 800m: 60% at first otherwise 90%.

Low cloud and visibility: Banks of fog above 600m at first, soon dispersing. Otherwise good visibility although it will turn hazy later in the afternoon and evening.

Temperature: **Glens:** Plus 6 Celsius rising to 26 Celsius.
At 800m: Plus 12 Celsius.
Freezing level: Above the summits.

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